



**The Sacred Trust and fake 'Bee Shamanism' : pages 6-20**

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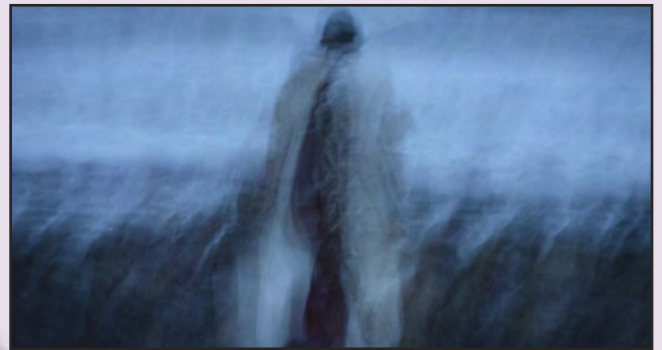
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In 2004, a fictional account of a supposed tradition of Bee Shamanism was published. In 2024 the cat came out of the bag, and **Nicholas Breeze Wood** looks at the fall out from all the lies.

**ALL THAT GLITTERS . . . . . 21-28**

There are many horror stories of bad, unethical and duplicitous spiritual teachers out there. **Nicholas Breeze Wood** shares some of these stories and explores ways to spot the fakes.

**BENEATH THE DRAGON SPIRIT'S ROBE . . . . . 29-35**

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Water is Life, and water is medicine. **Norah de Barra** tells us about some of the holy wells in Ireland where she lives, and how modern scientific tests show some of the health benefits.

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Wearing a coat with a tail made of animal bones - part art and part sacred clothing - helps transport and transform **Hilary Kneale** taking her deep into the landscape of the spirits.

**WHERE THE WILD THINGS WHISPER . . . . . 44-47**

In the folk traditions of Eastern Europe, many spirit beings linger still, and whisper in a quiet language, the language of the animals. **Patricia Robin Woodruff** looks at the tradition.

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In Serbia, the fairies - in the form of beautiful young women - come to people they have chosen, and on special days, these people go into trance and bring back messages from them

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Peyote, the entheogenic cactus, grows in the deserts of North American, and is a sacred plant for the Native American Church. **Paul Radin** shares a tale told to him about its ceremonial use.

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**TALES OF THE TYLWYTH TEG . . . . . 58-59**

Fairies are a traditional part of British folklore. In Wales they are called the Tylwyth Teg, and there are many stories of them. Here we share a few, from close to the Sacred Hoop Office.

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THE FOUNDING INSPIRATION FOR SACRED HOOP MAGAZINE IN 1993  
*"Then I was standing on the highest mountain of them all, and around and about me was the whole hoop of the world... I was seeing in a sacred manner the shapes of all things in the spirit and the shapes of all shapes as they must live together like one being. And I saw that the Sacred Hoop of my people was one of many hoops that made one circle, wide as daylight and as starlight and in the centre grew one almighty flowering tree to shelter all the children of one Mother and one Father, and I saw that it was holy."*  
 (From the vision of Nicholas Black Elk Lakota Holy Man: 1863 - 1950)



**Working with the Fairies in Serbia : pages 48-51**



**Whisperings of the Wild Spirits of Nature : pages 44-47**

*From the Editor*



Welcome to Issue 126. This issue is quite a bit longer than normal, because our lead article is so long, I felt the need some 'light relief' from a heavy subject, and from the world in general.

Corruption, greed, deception and misinformation seems to be all around, it's a rot that is seemingly to be found in the heart of many things, from political systems to spiritual systems and beyond.

But, as we focus on treading our life-path through the dark forests that we sometimes encounter, let's look for the good, compassionate, beautiful and truly sacred things which are also to be found on our journey, because they are out there too - often hidden in plain sight.

The old spirits are still there, they never went away. Our civilisation, and all it contains, is a merely a temporary, thinly skimmed layer on the real reality of Creation. The wild things continue to whisper. Hark! Don't you hear them?

Blessings to all Beings  
 Nicholas Breeze Wood