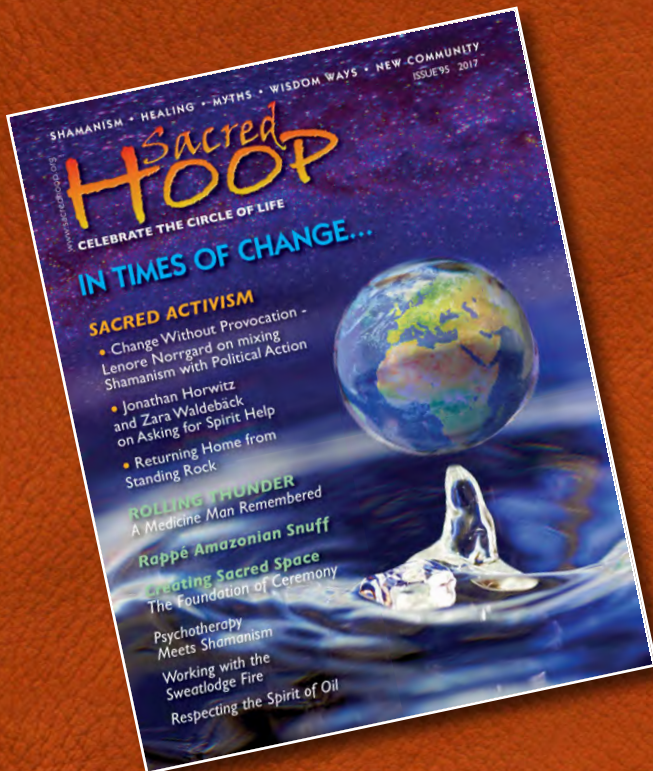
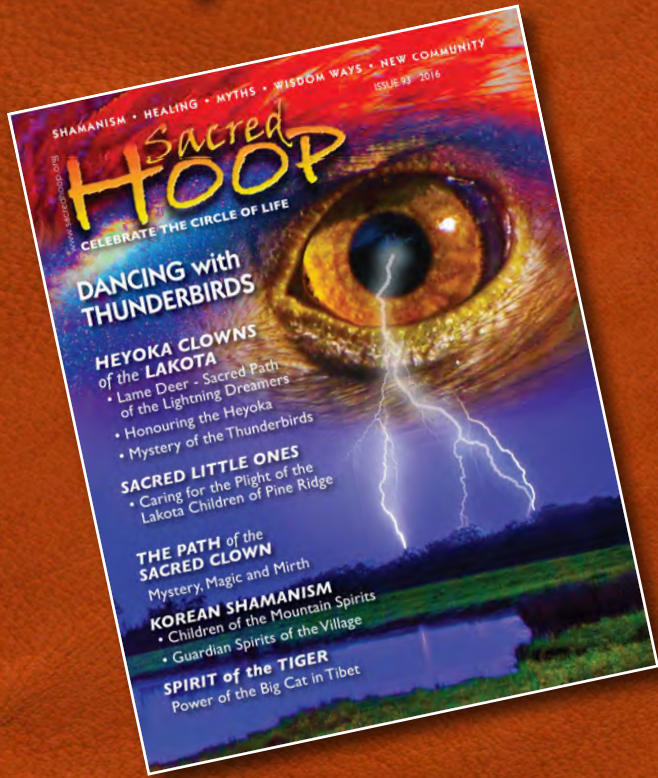


Sacred HOOP

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The heyoka - the Lakota tradition of the sacred clown - is deeply connected with the Thunderbeings and is a very important tradition within Lakota culture.

John Fire Lame Deer tells of their role and importance.

IN HONOUR OF THE HEYOKA 15-19

Throughout Lakota history there have been very important heyoka, such as Chiefs Sitting Bull and Crazy Horse. **Wambli Sina Win**, granddaughter of John Fire Lame Deer, shares some of this history.

WAKANYEJA - LITTLE SACRED ONES 20-24

The Lakota children of the Pine Ridge Reservation are in crisis, with chronic poverty, alcoholism and drug abuse in their homes, many are suffering greatly, often killing themselves.

Lakota Grandmother **Barbara Dull Knife** talks **Michelle Easton** about her plans to help them.

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The sacred clown is a tradition found in many cultures.

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Tigers are considered a sacred animal in many traditions. In Tibet they feature widely, both within Buddhism and also within the countries shamanism. **Nicholas Breeze Wood** explores why they 'burn so bright' in the imagination.

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When refugees left Tibet after the Chinese invasion they took not only their Buddhism but also their ancient shamanism with them. **Larry Peters** shares some of their teachings and explains a soul restoring ceremony they do.

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Drawn to Mongolian traditions and overtone singing for many years, **Martin Wilford**, without warning, found himself taking part in a shamanic initiation deep in rural Mongolia.

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Taking a visit Mongolia to study Buddhism, **Amalia Rubin** rapidly found her life taken over by shamanism as she became a researcher into these ancient traditions.

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Peaceful protestors in America, defending sacred tribal lands of the Lakota, are being intimidated by violent police.

Michelle Easton gives some background to this escalating struggle, which is now an international rallying call to action.

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The Lakota have spirit calling ceremonies, where the spirits come physically into the room. **Christopher Nyerges** shares what happened during a ceremony he attended in California.

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The fear of outside spaces - a crippling phobia which traps people within narrow lives. **Robyn Bellospirito** shares what happened for her and the healing she received.

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The West generally vilifies tobacco, whereas in the Americas, it is used in many ceremonial ways. **Travis Bodick** explains a South American tradition of using sacred snuff.

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Whatever sacred tradition you work with, creating sacred space is an important part of any ceremony. **Nicholas Breeze Wood** shares some ways of inviting in the spirits.

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Working with children can be a very rewarding thing. **Eva Goulette** gives us a picture of her 'Spirit Camp' work, designed to expand and empower the younger community.

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Ayahuasca has become very popular in recent years, but not everyone knows that much about it. **Robert Owings** explores some of the basics about this plant spirit medicine.

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Often at Standing Rock one hears chants of "Oil, Oil, Keep it in the Soil," but beyond the bad press this black 'medicine' gets, the spirit of oil gives us much. **Faith Nolton** seeks some balance with our subterranean black relation.

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A DANCE OF MOVEMENT AND STILLNESS . 22-27

Ya'Acov Darling Khan has been on a shamanic path since the mid 1980s and has just written an autobiography about.

Nicholas Breeze Wood talks with him about his work and about how he sees shamanism in the West.

SO, WHAT EXACTLY IS SHAMANISM THEN . 28-35

Shamanism is a sexy word, and people use it to add spice to all sorts of things which are not actually shamanism. **Nicholas Breeze Wood** reflects on this, and looks at the reality of what shamanism actually is.

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WITH THE SPIRITS OF THE TREES. 42-44

Trees are well known for being home to a huge range of other animals and plants, but according to Romani lore they are also home to many spirit beings as well.

Patrick Jasper Lee shares some Romani wisdom.

CORE SHAMANISM AND POWER 45-47

Power has become somewhat of a dirty word in today's world, but **Susan Mokolke** explores the nature of it and reflects on why it is important in shamanism and for those who offer shamanic healing.

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