

Sacred Hoop Magazine - Issues 05-08

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ISSUE 05...

THE ELDER BROTHERS' MESSAGE

The Kogi of Colombia share their world view and culture after centuries of self-imposed isolation, so that the 'Younger Brother' will learn respect for the eco-system, **Alan Ereira**

HEART OF THE WORLD

Traditions and philosophy of the Tairona peoples and the work of the Tairona Heritage Trust.

ELDERSHIP

Anna Gahlin on the peacekeeping traditions, of the Seneca Wolf Clan.

GRANDMOTHER LODGE INITIATION

Eliana Harvey gives a personal account of her Grandmother Initiation with Brooke Medicine Eagle.

GRANDMOTHERS' COUNCILS

Mimi Calpestri is setting up Mohawk-based grandmothers' council circles in the UK to serve the whole community

NATURALLY ALIVE

First in a new series on wilderness skills and earth awareness, looking at our extraordinary human adaptability in widely differing environments, **Adrian Reid Wolfe**

MAGICAL REALITY

Our cover artist's personal account of how he is returning to the function of image as a shamanic means of balancing and healing. **Paul Godfrey**

FEATHER LORE & CRAFT

The beauty, structure, function, ethics and ceremonial use of feathers; plus simple instructions to learn colourful Peyote Stitch and create a beaded feather for decoration, healing or ceremony. **Nicholas Breeze Wood**

HUNKA : 'THE MAKING OF RELATIVES'

Through the 'hunka', relatives can be chosen. This beautiful and moving ceremony involves deep and lasting commitment. Personal accounts from both ceremony leader and participant by **Andy Benford** and **Ashera**

ISSUE 06...

SPIRIT OF THE CORN

Long association with corn and the cycles of sowing and reaping have led to a rich human panorama of worldwide mythology and ritual. **Faith Nolton**

CELEBRATING REALITY

Shared spiritual expression and celebration of life events are a basic root of relevant ritual and ceremony in any culture. So how we can express our own sacred response to life? **John Mohawk** talks to **Charlene Spretnak**

PATHFINDING

True happiness comes from what you want to do most - a powerful and different approach to career and life path decisions. **Wendy Freebourne**

A DIFFERENT WEALTH

The act of giving has long been tribally used to express involvement and maintenance of the web of life.

THE GIVE-AWAY

Ivan Ratoyevsky shares his thoughts and reflections on the implications of the giveaway tradition today.

FROM THE TIME OF CREATION

Ancient pictograms form the inspiration for an artist whose lifepath bridges tribal tradition and contemporary aesthetics. **Dan Lomahaftewa** talks to **Faith Nolton**

NATURALLY ALIVE

Would you have the attitude vital to survival? Find out the necessary priorities of wilderness life and some basic herbal remedies. **Adrian Reid Wolfe**

TREE OF LIFE

Craft this symbol of balance and the whole hoop of life. **Nicholas Breeze Wood**

ISSUE 07...

ULTIMATE GESTURE

The ceremonial tools of Tantric Tibetan Buddhism are ancient aids on the Path of Transformation. **Ngakpa Rig'dzin Dorje**

THE BON TRADITION

Not as well known as the Buddhist traditions, Bon is the ancient native tradition of Tibet, the original shamanic worldview. **Tenzin Wangyal Rinpoche**

TIBET

The Roof of the World, mysterious land of fable and magic; but what is today's reality?

THANGKAS

More than aesthetic images, these exquisite paintings are used in teaching, healing and ceremony. Their construction is equally alchemical. **Nicholas Breeze Wood**

THE TIGER

Ancient animal of protection and symbol of rule, only the most powerful may ride on its back - but the shamans have done so for centuries

DISHARMONY AND BALANCE

Feng Shui, the ancient art of geomancy, works with the balance between humans and their environment. **Marin Wacey**

SIBERIAN VISION MASK

Craft a mask reflecting your own qualities in the Siberian tradition. **Karen Kelly**

NATURALLY ALIVE

The making of shelter and how to find water. **Adrian Reid Wolfe**

ISSUE 08...

DREAMS OF POWER

Where do we go in our dreams, and can we change our waking lives through lucid dreaming? **Malcolm Godwin**

DREAMING DYNAMICS

Fetishes, charms, and herbs to help you in your dreaming; ways of recording your dreams, and keeping yourself safe

OWL MEDICINE

Bringer of the dream, and death, wisdom and deceit

DREAMCATCHERS

Instructions on how to make your own. **Nicholas Breeze Wood**

FROGS INTO SHAMANS

The words we use shape our lives, and our perception of reality. Through them we can enter the 'alternate reality' of the shaman, where great personal change is possible. **Paul Lowe** and **David Shepherd** talk to **Michele Brown**

TERPSICHORE TRANCE THERAPY

From the Sufis of North Africa, to the dances of Brazil, there is a wealth of tradition concerning Trance Dance. **Leo Rutherford** explains the concepts behind the dance.

ART OF THE DREAMTIME

The sacred imagery of the Australian Aborigines is more than 50,000 years old. It is still a vital part of their culture in the contemporary world. **Joy Rainey**

ANCESTRAL CONNECTION

A profile of Australia's First Nation

NATURALLY ALIVE

Finding food, making fire. **Adrian Reid Wolfe**.

ELEMENTAL DECORATION

Final part in our series on Native American beads and their use. **Nicholas Breeze Wood**

MUSEUM PROFILE

We explore The Pitt Rivers Museum, Oxford, England.