

Working with Hostile Pulsaria Energy: pages 36-41

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Website: www.sacredhoop.org

#### ISSN 2514-2909

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"Then I was standing on the highest mountain of them all, and around and about me was the whole hoop of the world... I was seeing in a sacred manner the shapes of all things in the spirit and the shapes of all shapes as they must live together like one being. And I saw that the Sacred Hoop of my people was one of many hoops that made one circle, wide as daylight and as starlight and in the centre grew one almighty flowering tree to shelter all the children of one mother and one father, and I saw that it was holy."

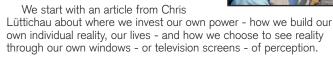
(From the vision of Nicholas Black Elk Lakota Holy Man: 1863 - 1950)



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## From the Editor

Welcome to this, the 96th issue of Sacred Hoop Magazine. This issue seems to be about various aspects of power, how we dance it, and how it dances us. I hope you enjoy the read.



But spirit power - to a traditional person, well, that's a whole other thing. And so, in our next article we look at the spirit power of North West Coast Salish cedarwood carving, and especially the work of the renowned carver Xwalacktun.

But, shamanism - which deals a lot with spirit power - has become such a fuzzy word, applied to so many things nowadays. So what actually is shamanism anyway, can we define it?

The seeds of the revival of shamanism came into the West during the late 1970s and early 1980s, and some of us have walked that path of power since those days. Ya'Acov Darling Khan is one of those, and I interview him about his life, and about how he sees shamanism in the West at this point in time.

But power - or energy - has been there in the spirit world since the year dot, and not all of it is healthy to come up against. The medicine people of Central and South American have the concept of pulsarias, balls of malignant energy which people often carry. Ruth Emsley looks at these - and look at how to remove them from people too.

Spirits are all around us, and many people especially sense them in our beautiful forests, woods and individual trees. The Romani people have ancient knowledge about them, and Patrick Japser Lee shares some of this wisdom.

Power has become somewhat of a dirty word in today's world, but Susan Mokelke explores the nature of it and reflects on why it is important in shamanism and for those who offer shamanic work to people.

How you use and give away your power is up to you - developing our awareness of power is the key, because without that awareness we are powerless - whatever we do.

Blessings to all Beings Nicholas Breeze Wood

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