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Researching Mongolian Shamanism : pages 32-37

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PUBLISHING POLICY:
 SACRED HOOP seeks to network those wanting to learn the spiritual teachings of indigenous peoples as a living path of knowledge. Our contents cover the integration of both old and new ways, and insights that contribute to a balanced and sustainable lifestyle in today's world.

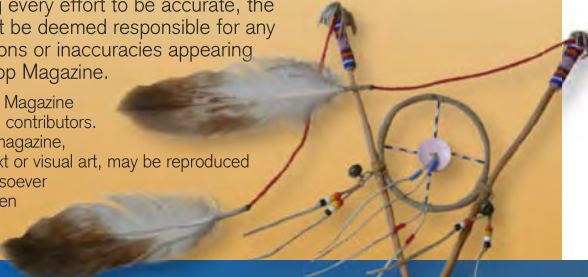
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ISSN 1364 - 2219

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REVIVING THE SOUL 14-23

When refugees left Tibet after the Chinese invasion they took not only their Buddhism but also their ancient shamanism with them. **Larry Peters** shares some of their teachings and explains a soul restoring ceremony they do.

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Drawn to Mongolian traditions and overtone singing for many years, **Martin Wilford**, without warning, found himself taking part in a shamanic initiation deep in rural Mongolia.



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THE FOUNDING INSPIRATION FOR SACRED HOOP MAGAZINE IN 1993
"Then I was standing on the highest mountain of them all, and around and about me was the whole hoop of the world... I was seeing in a sacred manner the shapes of all things in the spirit and the shapes of all shapes as they must live together like one being. And I saw that the Sacred Hoop of my people was one of many hoops that made one circle, wide as daylight and as starlight and in the centre grew one almighty flowering tree to shelter the children of one mother and one father, and I saw that it was holy."
 (From the vision of Nicholas Black Elk Lakota Holy Man: 1863 - 1950)



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From the Editor



'The apocalypse is not something which is coming. The apocalypse has arrived in major portions of the planet and it's only because we live within a bubble of incredible privilege and social insulation that we still have the luxury of anticipating the apocalypse.' (Terence McKenna)

Welcome to the 94th issue of Sacred Hoop, I really hope you enjoy the wide range of articles you will find in its pages.

When Faith Nolton and I started Sacred Hoop Magazine back in 1993 we had been working with Native American and non Native American 'medicine' teachers for nearly 10 years. Those teachers taught us about Sacred Life and about the way things are, and they gave us a map of Creation, which is loosely called the Medicine Wheel. But they also warned that our society was unsustainable, and would go through huge changes - geophysical, and geopolitical. They called these the 'Earth Changes' and warned us without any shadow of doubt they were coming our way, fast.

That was over 30 years ago, and I have been watching for the last 30 years, as cogs in the great clockwork mechanism we have built - our culture - click into different positions - tick by tock by tick.

Do not be fooled, the mechanism has not run yet, it has not finished, but it is already in a position which many of the medicine teachers warned about all those years ago, and it is likely to get a lot worse. Be aware, keep your eyes open, be as grounded as you know how and find ways to be even more aware and grounded. Plan for your future 'outside of the box.' Look after your families and your loved ones and speak truth to power.

Remember not everything you read is true - there is much misinformation out there, so seek your news sources wisely and widely, and check what you read. Try not to share 'news' without validating it first by checking multiple sources - we don't need to raise our own fog of misinformation. 'Keep your eyes skinned and your powder dry.' Now is the time we have been born for.

This is a somewhat extraordinary editorial from me, because I think we are now firmly in extraordinary times - and the dance is not yet over folks...

Blessings to all Beings
 Nicholas Breeze Wood