

# Sacred Hoop Magazine - Issues 77-80

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### ISSUE 77...

#### AND THEN THE STARS DANCED

Dualism - the balancing of complementary opposites is an important part of Inca shamanism. **Hillary S. Webb** shares an experience of understanding this during a San Pedro ceremony high on a mountain, beneath the stars.

#### DUALISM - A REALITY OF TWO HALVES

A brief look at a huge subject. Many cultures understand the dance of opposites which power the universe, tantra and shamanism, the sacred pipe, the *yin* and *yang*.

#### IN THE TIME OF TWO SPIRITS

People with 'two-spirits' - those who cross the gender divide - have long been considered sacred in Native American culture. **Nick Taylor** introduces us to the sacred role of Native transgenderism.

#### THE SHAMAN TRANSFORMED

In Siberia sometimes the shaman is considered to be a third sex between male and female. **Nicholas Breeze Wood** looks at the transgenderism found in the Siberian 'transformed' shaman sometimes called the 'soft-man.'

#### A PIPE FOR A NATION

Having held a twelve-year-long vision to make a sacred pipe from Bluestone, **Des Llewellyn** finally completed the pipe this year, and sent it to travel around Britain as a 'pipe for the people.'

#### A STONE FULL OF STARS

Britain's sacred stone - the Bluestone of Stonehenge - has its home in the mountains of Pembrokeshire in South West Wales. **Simon Lilly** connects the stones and the stars.

#### MAINTAINING THE TREE OF HEALTH

Sometimes the worlds of shamanism and hospitals meet. **Claire Hinton** shares her work as a therapist, officially practicing shamanic techniques within the British NHS

#### THE ECSTASY OF CHAOS

Chaos magick and shamanism. **Julian Vayne** discusses the relationship between these two traditions in our evolving culture in an interview with **Steve Niner**.

### ISSUE 78...

#### SPECIAL LETTER FROM THE EDITOR

A letter about these changing times.

#### LEARNING TO WALK STRAIGHT

The 'Children's Fire' - a new initiative for teaching children about sacred connection. **Carlos Glover** writes about taking the medicine teachings into a school.

#### RAINBOWHAWK

Honouring a medicine teacher who recently passed into spirit. **Dee Alexander Hirtenstein** looks back on his life.

#### DRUMMING THE HOLLOW BONE

Using the drum as a means of deep meditation. **Michael Drake** shares some simple tips to follow.

#### WALKING UNTIL THE END OF THE WORLD

The Huichol people live in a sacred landscape, rich with important sites, to which they make pilgrimage. **Daniel Stone** shares the troubles they face now mining wants their land.

#### GIFTS OR CAREERS

Is shamanism and medicine work a gift or a profession? **Marge Hulbert** explores the ethics of charging for the sacred.

### ABUSING REALITY

There is a new ayahuasca-based drug around called changa. **Seersha O'Sullivan** looks at the danger of abusing sacred 'teacher plants.'

### REALM BENEATH THE WATERS

The Celtic peoples of Britain left many sacred traces. **Sharon Paice MacLeod** looks at the ways people today can work with the ancient traditions.

### IN THE TRODS OF THE DEER

The ancient deer-goddess of Northern Europe leads a merry dance. **Elen Sentier** seeks to follow its hoofsteps.

### THE CYCLE OF THE YEAR

The year has an energy cycle, and following that can be a way to connect with your natural creative cycles. **Jane Embleton** and **Mandy Pullen** chart the year.

### TIGER BELLS

From tropical Bali to Lake Baikal in Siberia, there is a bell beloved of shamans across cultures. **Nicholas Breeze Wood** explores the nature of the tiger bell.

### ISSUE 79...

#### SACRED HOOP AND THE DIGITAL FUTURE

A special letter about important changes to Sacred Hoop.

#### LOTUS LAKES AND MOUNTAIN GODS

A sacred journey in Nepal to meet shamans in the Kathmandu valley accompanied by Bhola Nath Banstola a Nepali shaman. **Evelyn C. Rysdyk** and **C. Allie Knowlton**.

#### MONASTIC AUTHORISED SHAMANS

An introduction to the ancient Tibetan lhapa and lhamo tradition of spirit possessed oracle healers.

#### A VISIT TO THE LHAMO

A chance meeting lead to receiving a healing from a lhamo shaman in Lhadak. **Charles Burack** describes the journey to reach her, and the healing encounter.

#### THE ART OF BONE

Although it might seem strange and repulsive to people in the West, Tibet has a long tradition of using human bones to make ritual objects. **Nicholas Breeze Wood** introduces the tradition, art and ritual magic.

#### THE RADIANT GIFT

One of Tibet's most famous human bone ritual objects is the 'thighbone trumpet' or *kangling*. **David Chapman** shares some reflections on their construction and on mortality.

#### ON THE WINGS OF EAGLES

The meeting of new digital technology and ancient shamanism brings healing to a troubled teenager in an Ojibwa community in Canada. **Geral Blanchard**.

#### THE THREE CAULDRONS

A second look at the 'traces of the sacred' which the Celtic peoples of Britain have left us. **Sharon Paice MacLeod**.

#### JOURNEY OF NO REGRETS

Upon the death of Lucy, his dog, **Paul Luise** shares his experiences and explores the need for an open heart in the journey of our lives.

#### SACRED HOOP SURVEY RESULTS

A brief look at who you, our readers, are, what you think about Hoop and want from your favourite shamanic magazine.

ISSUE 80...

### THE SEARCH

In 1956 **Michael Harner** began his very first field trip, looking for shamans in the jungles of South America. It was the start of a lifetime of study which has led him to be the most important shamanic voice of our generation

### FAITH IN AYAHUASCA

An interview with Shipibo shaman **Guillermo Arévalo** about power animals, sorcery, healing and the power of the sacred teacher plants with **Jorge N. Ferrer**.

### MY MOTHER AYAHUASCA

Traditional Peruvian curandera **Eda Zavala Lopez** talks to **Katharine Gregg** about her work with ayahuasca and the need for these teacher plant traditions to be treated with the respect they deserve

### ON RIDING UNICYCLES

Homeopath and Shamanic practitioner **Joanna Shipley** shares her experiences of setting up a double blind scientific trial bringing together shamanism and homeopathy

### SPIRIT OF THE LOON

The loon, a waterbird of the far North, is sacred to both shamans in Siberia and medicine people of North America. We explore the bird's symbolism

### THE STEPPE AND THE CITY

Mongolia is changing. People are coming in from the steppes to form sprawling tent cities on the edge of its capital Ulaanbaatar. And the shamans are coming in from the steppes too. **Lily Sage Schweitzer** looks at the rise of urban Mongolian shamanism

### HIDING THE SPIRIT EYE

Siberian shamans often use a fringed face mask. **Nicholas Breeze Wood** looks at this tradition, and suggests ways you can make your own mask.

### SWASTIKA: HEART OF COMPASSION

Before the Nazi movement stole the symbol, the swastika was a symbol of peace and compassion all over the world. In many cultures it still is. We explore why we should claim the swastika again and give it back its proper meaning