

# Sacred Hoop Magazine - Issues 65-68

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### ISSUE 65...

#### WAR AND THE SOUL

War has a profound effect on those it touches, its fibres reach out to effect us all. Shamanic healer and psychologist **Ed Tick** describes some of the healing work he does with veterans.

#### SOULS OF THE SENSES

A brief introduction to the shamanic traditions of the Hmong people of South East Asia.

#### A WELCOME HOME

**Mark Wentworth** recalls a ceremony, led by Ed Tick, to welcome home the souls of the war dead.

#### BURYING THE WARRIOR

**Duncan Wordley** shares a healing burial ceremony for a soldier with acute Post Traumatic Stress Disorder that also deepened his own path.

#### DIG YOUR OWN GRAVE

Many sacred traditions have some form of healing earth burial ceremony. **Jean Rankin** explains what it is for, and what happens when you spend a night in your grave.

#### THE WOMB-TOMB

Going into a cave to face death and come to terms with life was just one test which vision quest expert **David Wendl-Berry** had to go through on his training.

#### EARTH'S EMBRACE

A night in a grave in Cornwall, England, leads **Simon Buxton** to dreams and revelations.

#### WILD AND GREEN

The Green Man is an ancient figure who urges us to seize life. **Evelyn C. Rysdyk** shares some of his history and what he has to teach.

#### ANGAKOK

Shamanism was a major force in the culture of the Inuit peoples of the Arctic. **Nicholas Breeze Wood** explores some of the traditions of the Greenlandic *angakok* (shamans) and their spirits.

#### SEEKING THE SPIRITS

**Rosanna Ienco** shares the story of how a shamanic journey on a course in England led her to an old lady in the icy winter whiteness of a cabin in Greenland.

#### MIRCEA ELIADE REVISITED

'Shamanism: Archaic Techniques of Ecstasy' is a pivotal book in shamanic studies. **Michael Berman** explains why it had far-reaching influence on the shamanism now practised in the West.

### ISSUE 66...

#### TEACHINGS OF THE WILDPLACES

Being in nature on a visionquest is a fundamental way to mark the stages of life in many cultures the world over. **Steven Foster** and **Meredith Little**.

#### PRAYING WITH IMAGES

An introduction to the breathtaking, spirit-inspired artwork of **Meinrad Craighead**.

#### WALKING WITH THE WHEELS

The wisdom of the Native American people is often called the 'Medicine Way' and much of its sacred knowledge is held in 'Medicine Wheels.' **Annie Spencer** reveals some of the beauty of these ancient teachings.

#### HEART OF THE GREAT SPIRIT

The 'Peyote Road' is a medicine way practiced by many Native Americans. **Stephen Gray** shares some of the experiences he has had attending peyote ceremonies.

#### FOR THE WELLBEING OF THE SOUL

Inner Child Work is a form of psychotherapy used to deal with the after-effects of sexual abuse. **Arvick Baghramian** and **Nofit Itzhak** explain how they have combined this therapy technique with shamanic journeying.

#### THE HEALING OF HOLLOW WATER

Sexual abuse is endemic on many Native American reservations. **Geral Blanchard** explains how one Ojibwa village decided to deal with it in the old, traditional ways.

#### KATSINA POWER

A brief look at the ancient katsina (kachina) spirit traditions of the Hopi people of Arizona.

#### MIRACLE OF THE HUMMINGBIRD

A healing from a Native American medicine person led **Marsha Scarbrough** on a profound journey of discovery.

### ISSUE 67...

#### WAKING UP THE GIANTS

We seem to live with 'big bad climate change' all around us. But **Nan Moss** and **David Corbin** ask us to look at it in a different way, and see the bigger picture.

#### CREATING A HUMAN WEB OF LIGHT

Light is a powerful concept in very many of the World's sacred traditions. Sandra Ingerman invites us to join with others in a global network of healing and transformation.

#### ART OF TRANSFORMATION

An introduction to the 'Medicine for the Earth' process, as taught by Sandra Ingerman. **Béatrice Simmons-Heiz**.

#### THE LOST AND EXILED OF ELFLAND

Nowadays, faeries and elves are in childrens' stories, but in the past and in other cultures they are seen as a very real part of the spiritual landscape. **Mary Courtis** introduces us to some of the problems they can bring.

#### WE CIRCLE AROUND

The massacre of the Ghost Dancing Lakota men, women and children at Wounded Knee has become a byword for cruelty and murder. **Esther Lohnes** recently took part in a memorial ceremony for it and shares her experiences.

#### A DRESS MADE OF STARS

A first-hand account of a Lakota Ghost Dance, held at Pine Ridge, South Dakota in 1890, the year of the massacre of Wounded Knee. **Z. A. Parker**

#### EARTH SINGER

Singing with and to the land is something deep within human beings, and many secretly practice it, as **Dannu Fox** discovered when she 'came out' about it herself.

#### BLAZE WITH MAJESTIC BRILLIANCE

The Tibetan people love beads, they are bedecked with amber, turquoise, red coral and many other natural beauties; but as **James Wainwright** explains they prize one bead above all others, the magical and mysterious dZi.

#### THE GLOBAL CRYSTAL MATRIX

In these troubled times, many feel the desire to help. **Howard** and **Elsa Malpas** and **John-Luke Edwards** share their story of setting up a global shamanic healing network.

#### SHAMANISM WITHOUT BORDERS

**Bonnie Horrigan** introduces the new Society for Shamanic Practitioners (SSP) global crisis task-force.

### ISSUE 68...

#### CURANDERA AND THE CLIMATE CONFERENCE

In late 2009, at the UN Copenhagen Climate Conference people gathered from all over the planet. **Annette Host** talks to one such traveller, the traditional Peruvian shamanic healer **Angelica Canchumani Ricse**.

#### CEREMONY OF THE APU

In the traditions of Peruvian shamanism, the Andes mountains are alive with powerful spirits called Apus. **Stella Osorojos** describes a ceremony she attended where the Apus were invited physically to attend.

#### OFFERINGS TO THE SPIRITS

Shamanic traditions all over the world make offering to the spirits in some form of another.

#### SAN PEDRO - THE HEALING CACTUS

In the arid high Andes mountains of South America a sacred cactus grows which has been used in shamanism and healing for thousands of years. **Ross Heaven** describes and explains its use and effects.

#### ICAROS - SPIRIT SONGS OF THE AMAZON

In the rainforests of the Amazon, there is an ancient tradition of singing to the spirits which inhabit the shaman's world. **Francesco Sammarco** shares his knowledge of this tradition and the world of the shamans.

#### DRUG FREE SHAMANISM

Many traditional shamans use psychotropic plants as part of their practice, but their use can be full of dangers if used by people seeking a short cut to shamanism. **Jim PathFinder Ewing**.

#### COAT OF POWER

The Siberian shaman's coat is a full of power and symbolism for those who wear them. **Maria Czaplicka** describes their construction and use.

#### LOOK THAT DARE NOT SPEAK ITS NAME

Whereas shamans the world over wear ritual clothes, practitioners in the West don't wear them - or do they? **Nicholas Breeze Wood** looks at how wearing ritual clothes may be closer to the surface that we might think.

#### ART OF THE STONES

Northern Finland is home to the shamanic Sami people, and across the landscape there are many ancient sacred sites with prehistoric rock art. **Francis Joy** explores this fascinating iconography.

#### REMEMBERING SOVEREIGNTY

Being sovereign is being wed to one's power and is an important aspect of Celtic tradition. **Jennifer L. Jacoby** shares what Lady Sovereignty has to teach us.