

Sacred Hoop Magazine - Issues 57-60

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ISSUE 57...

TRAIL TO THE GHOST LANDS

In an historical account of a traditional Salish soul-retrieval ceremony, **Herman K. Haeberlin** describes the use of the spirit canoe.

SOME HOLDING HANDS

Working with the spirit canoe **Mary Courtis** explains how she uses this ancient ceremony in a modern way to do group soul retrievals.

CROW'S POTLACH

A traditional Salish story about Raven the Trickster

HONOURING THE ANCIENT DEAD

Our ancient dead become items of science when put in museums. **Emma Restal Orr** asks if there can be a meeting of the sacred and science?.

NEOLITHIC UNDERGROUND

Excavations of the ancient neolithic temples on the island of Malta give us a glimpse into the shamanism of ancient Europe. **Peter B. Lloyd** shares some of the recent discoveries.

DREAMS OF SNAKES AND BIRTH

The ancient shamans of Malta left traces of their understanding of the sacred which speak to us today. **Nicholas Breeze Wood** looks at their legacy.

COCA - THE EXALTED LEAF

When we think of coca leaves, we may think of cocaine, drug barons, violence and addiction. But this leaf is sacred to many people in South America. **Philip J. Clark** looks at whether the leaf deserves its bad press.

PREPARING FOR THE FUTURE

Coca leaf divining, Inca prophecy and the future of human kind. Traditional Andean healer **Doris Rivera Lenz** talks to **Howard G. Charing** about health and personal balance in these changing times

PEACE SOUNDS

Custodian of a sound chamber on the Isle of Skye in Scotland, **Ocean Graham** shares the story of how it was built and the vision of Native American **Beautiful Painted Arrow** that lies behind it.

ISSUE 58...

LOVE KNOWLEDGE AND ACTION

A chance meeting with Q'ero shamans gives **Dr. James E. Williams** a chance to visit the home of these Inca people and to learn their ways.

CHAKANA

An ancient Inca design, found on buildings and as a jewellery design, gives a wealth of teachings about the Inca understanding of the sacred world.

WEATHER TALKING

Everyone talks about the weather, but no-one does anything about it! **Nan Moss** and **David Corbin** look at working with weather spirits.

BRINGER OF THE RAIN

The naga, serpent spirits of Asia, are ancient powerful beings. **Nicholas Breeze Wood** shares their sacred roles and what it's like to work with them.

THE LORE OF IRON

Magical iron has been used for protection against spirits since humans first smelted it.

CATCH THE KAHUNA WAVE

The original Polynesian people of Hawaii have an ancient understanding of the sacred which is often called Huna. **Kealohi Wayne Powell** shares some of these Hawaiian ways and what they have to offer.

AROUND THE SACRED FIRE

There was a recent residential shamanic conference held in Glastonbury, England. **Karen Kelly** reports on the gathering.

THANKING TATEWARÍ

Fire Ceremony, based on Huichol traditions involves offerings to Grandfather Fire. **Anne Lynn** explains how she uses this ritual.

SKY WEAVING

Working with the four elements to make personal change from the perspective of Tibetan tantra. **Ngakpa Namgyal** and **Ngakma Shé-zér**.

OF EARTH AND AIR

Pre-conquest cultures of South America, such as the Inca, made musical pots which they used to alter consciousness. **Lyz Cooper** explains how.

RITUAL AND ACTIVISM

Do you want to make a change in the world? **Lenore Norrgard** works to re-inspire the tired peace and social activism movement by bringing it meaningful ritual.

ISSUE 59...

VISIONS OF THE END DAYS

In the Far North between America and Russia, the Inuit people lived with great respect for the powers of the natural world, as **Lesley Thomas** discovered when she grew up there as a child.

ALIVE IN A TIME OF CHAOS

There have always been prophecies about the end of the age, but now with global warming and 2012 fast approaching, **Gill Westcott** asks if this has been foreseen for some time?

MURATARE

Many think our youth need structure and discipline. **Nick Clements** recently visited Kenya and filmed a young men's initiation ritual. He reflects on what he saw, and if elements could be used in the West.

FINDING THE WILDHEART

Wilderness living has always changed those who take part in it. **Thomas Shorr-Kon** explores how these life skills may prove a valuable asset to our disaffected youth culture and wider society in general.

BALANCING THE HUMOURS

Tibetan medicine is one of the world's great ancient healing arts. **Huw Wyn** shares some of its basic understandings of health, healing and happiness.

TREES ALIVE WITH BIRDS

Hand-woven rugs are among the riches of Central Asia and have long been prized for their beauty. **Nicholas Breeze Wood** looks at the art of these rugs and discovers that their designs hold many shamanic secrets.

GRAVES OF THE SHAMANS

When a Buddhist monk slaughtered a group of shamans in cold blood during a ritual in Siberia, their grave became a place of fear for the local people. **Mike Williams** visits the grave and shares his own experiences there.

A SACRED AGREEMENT

Many of the world's peoples have a similar attitude of earth respect. **Pip Waller** compares those of the Xhosa of South Africa and the ancient Celts of Wales.

ISSUE 60...

JHANKRI

In the mountains of Nepal the great spiritual paths of Buddhism and Hinduism meet, but **Bhola Nath Banstola** reveals another - the way of the shaman, and explains how he became one himself.

SAM'S STORY

Sam has what used to be called 'Multiple Personality Disorder', she is one body shared by many selves, and she is also a shamanic practitioner. **Nicholas Breeze Wood** talks to her about her life.

OVER-SHADOWED

Possession is not like the film 'The Exorcist' and it happens more than you would think. **Robyn Fell** talks to de-possession teacher **Betsy Bergstrom** about how to get rid of the lodgers!

RUNNING WITH THE STAMPEDE

When **Chris Brosnan** picked up his didgeridoo and travelled to visit the Lakota Nation at Pine Ridge Reservation in South Dakota, he was just at the start of his adventures.

CURSES AND POWER LOSS

Witch-doctors, shamans and curses go hand in hand in many cultures. But what does a modern shamanic practitioner or psychotherapist do with a client who feels cursed? **Isa Guccuardi** explains the curse mechanism and shows ways to treat it.

THE NATURE OF WOMAN

Healing the personal history of women and empowering them has always been part of the role of a woman shaman, or 'shamanka'. **Eliana Harvey** explores the processes involved.

BEAT OF A WORLD DRUM

From its home in Norway the vision of the World Drum spreads around the world to unite the people in a common heartbeat of peace and hope.