

Sacred Hoop Magazine - Issues 37-40

Contents

ISSUE 37...

SPACE FOR HEALING

Some doctors are bridging the gap between ancient ways of healing and wholeness and the latest scientific medical breakthroughs. We meet one such G.P. and find out how she walks the two worlds to bring healing to her patients.

Dr Mary Hoptroff talks to Faith Nolton

INTEGRATIVE HEALING

Raven the trickster brings healing in this personal account of working with the spirit of this black feathered medicine teacher. **Jolynn Lauer**

TRUE INTENT

We may talk often about our intentions to do something, but what is the true nature of the power of our intent.

WALKING THE MEDICINE

The medicine walk is an ancient way to get in touch with ourselves and seek wisdom in the reflection of Creation. As we focus our intent to walk 'in a sacred manner' we can ask for help and insight. Explore this simple process of revelation for yourself.

FIRST....THREAD YOUR NEEDLE

A beginner's guide to colourful peyote stitch beadwork (and a few tips and pointers for the more experienced). **Nicholas Breeze Wood**

IN THE LANDSCAPE OF THE SPIRITS

Travel to the sacred land of the Sami people of Lapland to see how they approach the power of their wild landscape in an ancient sacred way. **Mike Williams**

HOW TO CHANGE THE DREAM

The teachings of the 'assemblage point' tell us we construct our individual reality according to where this energy centre sits in our aura. The assemblage point can be shifted to bring a healthy change of reality and perception.

Cheyenne Maloney

MAGIC ON THE MOUNTAIN

During the time of Foot and Mouth people gathered in the city of Bath to perform an open ceremony for healing and change. How you too can organise and undertake a public ceremony for political and social change and healing.

Annie Spencer

DREAMING WITH THE LAND

Personal reflections on working with **Cheyenne Maloney** and having the assemblage point shifted. **Michèle Brown**

UNKINDNESS OF RAVENS

The magical lore of ravens, crows, rooks, jays, magpies, jackdaws and cloughs, all members of the corvid family

ISSUE 38...

SOUNDS OF THE SOUL

The drum, rattle and flute were at the heart of ancient Mexican sacred music. Of these three instruments, the flute in particular expresses the soul.

Guillermo Martinez

KOKOPELLI

Womaniser, bringer of fertility and of rain, the hump-backed flute player weaves his magic in the legends and stories of Meso America.

THE SPIRIT OF PLACE

How are you affected by the land you live on? Your health, energy - and even behaviour - can be profoundly influenced by location. **Summer Watson**

DOCTORING THE SPIRIT

Two shamanic healers relate their personal experiences of working with clients in conventional medical settings. **Baya Salmon-Hawk** and **Diane Jarosy**

CRAFTING A GEMSHORN

Make a very simple mediaeval European wind instrument for your meditation and soul music.

SHAMANS OF ISLAM

The Gnawa musicians and dancers of Morocco perform shamanic rituals that have widespread roots in African healing traditions. **Nicholas Breeze Wood**

SONGS OF THE STONES

Each crystal vibrates at its own unique rate and sings its own song; they can make a safe space for powerful healing and balancing. Plus useful 'do's and don'ts' when beginning to work with crystals. **Kathy Roberts**

ACROSS DESERTS

A personal encounter with the dramatic landscape, hoogans and Native people of the Southwestern U.S.A. **Lynda Goodlake**

ISSUE 39...

FOR PEACE AND DIGNITY

A personal account of a meeting with Tlakaalel, Mexica-Toltec elder, whose mission is to encourage peace between all peoples. **Elizabeth Edwards**

CONTAINER FOR THE BEAUTY

Some of the traditional uses of the sacred Marriage Basket of the Diné (Navajo) people.

WHEELS WITHIN WHEELS

Women's medicine teachings from the Marriage Basket ways shared by Rose Thunder Eagle on a recent visit to the UK. **Rosie Mor**

THE HEALING OF THE WOMB

Can Western medical methods learn from ancient traditions? An account of a workshop with traditional Mayan midwives. **Annie Spencer**

VISITING THE SAMI WINTER MARKET

The Sami market at Jokkmokk has run for 397 years - and still combines sacred traditional practices with practical everyday needs. **Mike Williams**

THE WEATHERED EDGE

Archetypes from the ancient landscape bring inspiration across the ages and speak to women today. **Carolyn Hillyer**

IF YOU DON'T HAVE A DREAM

How does our personal insight and inspiration impact on the wider community? **Jeremy Thres**

HOUSE FOR THE ANCESTORS

The magical space of a newly-built roundhouse in the ancient landscape of Dartmoor. **Nigel Shaw** and **Carolyn Hillyer**

ISSUE 40...

MEDSEN FEY

Vodou leaf doctor Loulou Prince and priestess Mambo Racine describe healing with the spirits of plants. **Ross Heaven**

HERD OF HOPE

White buffalo calves are extremely rare - now there is a growing herd in Arizona. Do these beautiful creatures fulfil ancient prophecies of hope for peace?

WHITE BUFFALO CALF WOMAN

The legend of a Native American holy woman who brought the sacred pipe and ways of peace. **Dena Riley**

IF YOU DON'T HAVE A DREAM

The concluding part of this account of one man's search for personal vision and what it means in everyday life. **Jeremy Thres**

DRUM CIRCLE

Practical guidance on forming circles for drumming and healing from an experienced rhythmist of Cherokee descent. **Michael Drake**

TEN YEARS ON

Exclusive interview with the editors of Sacred Hoop Magazine - the 'inside story' of the first ten years of production! **Julie Frusher**

THE PLACE BEYOND HUNGER

The practice of fasting and prayer can bring insight and a deeper connection with self and Creation. **Nigel Sheppard**

LESSONS FROM THE FROG

A sacred animal spirit may be with us for many years before we realise it. Frog is no exception. **Galina Pembroke**

LIVING ON THE EDGE

Perspectives on the sacred landscape of Cornwall. **Michèle Brown**