

Sacred Hoop Magazine - Issues 33-36

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ISSUE 33...

BECOMING REAL EARTH PEOPLE

Information overload and ecology. How we can get beyond the disconnection our culture has to the living earth, a disconnection that creates crisis such as B.S.E. and Foot and Mouth. **Graham Game** talks to Jan Morgan Wood

IN THE WAKE OF FOOT AND MOUTH

Earlier this year Sacred Hoop asked practitioners to undertake a special shamanic journey for the healing of the animals in the foot and mouth crisis.

CLEANSING THE EARTH

A simple ceremony for the healing of the land at this time of crisis. **Faith Nolton**

TAKING THE VIRUS BACK HOME

Working with the spirit of Foot and Mouth and returning it to the Land of viruses and illnesses. **Jane Shutt** and **Christine Mark**

WALKING ON YOUR PATH OF POWER

The wisdom of living a Sacred Life and walking a Sacred Path. **Sun Bear**

A SENSE OF PLACE

Artist **Chris Dury** shapes powerful responses to the spirit of the land, and creates a dialogue of great beauty with natural forms.

ALL THE WORLD'S A STAGE

A personal account of facing the 'Dark Shield of the West' at the hands of Nature, with **Steven Foster** and **Meredith Little**. Nicholas Breeze Wood

RITUAL POLITICS

During the time of Foot and Mouth people gathered in the city of Bath to perform an open ceremony for healing and change. How you too can organise and undertake a public ceremony for political and social change and healing. **Annie Spencer**

DREAMING WITH THE LAND

Being connected and responsible to the spirit of the land in the traditions of the Yolngu people of Arnhem Land, Northern Australia

ISSUE 34...

STONES OF THE ANIMALS

How one man tackled the changing face of farming with a sacred connection to the land. **Jane E. Shutt** interviews **Peter Foster**

THE MAP AND THE JOURNEY

Medicine Wheel teachings are a way for us to navigate our lives, they offer much beauty and a great sense of direction in a world of constant change. **Leo Rutherford**

RABBIT DANCING ON THE EDGE

When an encounter with a rabbit nearly resulted in his death, Hal had to ask himself, "Just what is the nature of our relationship with animals and their spirits?" Animals have always been teachers, just how do they come into our lives? **Hal Zina Bennett**

ANIMAL ENCOUNTERS

Stories of personal medicine encounters with the spirits of animals, from Sacred Hoop readers.

THE MAGIC OF THE RABBIT AND THE HARE

From the Easter Bunny to the companion of the Goddess, Rabbit and Hare have a long lore of mystery and magic.

RABBIT OUTWITS FOX

Rabbit the trickster runs rings around his hunter, Fox, in this traditional Native American story.

SETTING THE HARVEST TABLE

Simple Native American frybread, stew and Wojape - a traditional berry pudding recipes to make an autumn feast.

MAINTAINING THE WONDER

How do we bring our children up with a sense of wonder and sacredness in a world that seems to value only the 'dead matter thinking' of consumerism and exploitation. **Judith Costello**

ISSUE 35...

BUILDING A PALACE OF COMPASSION

As the planes hit New York, a group of Tibetan Buddhist monks were busy building a traditional sand mandala for Chenrezig dedicated to peace and compassion. **Faith Nolton**

BLESSING SANDS

We may not be able to construct elaborate sand paintings or mandalas But we can still use sand to make sacred offering and empowered altars.

GREAT COMPASSION

The nature and practice of the Tibetan Bodhisattva Chenrezig. **Mingyür Dorje**

LET ME SELL YOU A DREAM

Ever met a tyrant? That person who sold you the thing you didn't want, stopped you thinking straight, punched you in the playground or made you feel guilty, practical tips for dealing with the tyrants we meet everyday. **Leo Rutherford**

BEING WITH TWO SPIRITS

In many animistic cultures, gay, lesbian and transexual people are considered the greatest spiritual authorities and most powerful shamans. We explore the role of the Berdache. **Patricia Nell Warren**

THE ART OF MO

A traditional Tibetan divination system with shamanic roots. **Mingyür Dorje**

THE ANIMALS SPEAK

From termites to spiders, from foxes to roosters and from horses to crows, animals have been used in divination since the earliest time.

THE NOT-WAR CHIEF

The Wisdom Council Circle is a place to hear the other side of the dispute, a way to bring peace to the situation. **Scot AnSgeulaiche** and **Shining Arrow**

KEEPERS OF THE PEACE FIRE

The ways of peace within the Cheyenne and the Iroquois Nations

ISSUE 36...

POWER IN THE HAND

Rattles are one of the most useful and powerful tools found in a shaman's kit bag. Use them for healing, calling to the Spirits and dowsing. Learning to work with them can be very rewarding. **Jonathan Horwitz**

LOVE MAGIC AND THE VINE OF THE SOUL

The world of the Amazonian shaman is one where the spirits of the plants, especially Ayahuasca - the Vine of the Soul, give great healing gifts to those who seek them out. **Howard G. Charing** and **Peter Cloudsley** talk to **Javier Arevalo**

THE LAND OF THE WHITE ROSE

When we found a sacred medicine community in the hills of rural West Wales we had to find out a little more about it. Faith Nolton talks to **Jan Adamson** and **Desiree Emery** about the Rhosyn Gwyn Community

SHAMANISM 101

There are lots of people teaching basic shamanism weekends at the moment, but what really goes on during one? **Nicholas Breeze Wood** went along to a workshop held recently, led by **Jonathan Horwitz**, to find out.

SITTING WITHIN A PLACE OF BEAUTY

The Diné (Navaho) people of Arizona have a long held and highly sacred tradition of making sand paintings as a way of healing. During powerful nine-day ceremonies these paintings are built to restore the connection of beauty we all need to be healthy people in this world.

COLOURS FOR THE SPIRITS

Making the traditional Native American gourd rattles used in Native American Church Peyote ceremonies. **Nicholas Breeze Wood**

THE POWER OF THE SUN

From the Egyptians to the Inkas, the Aztec to the Christians, all cultures have held the Sun as a sacred being and teacher. **Chris Luttichau**

WALKING SOFTLY SOFTLY

Walking an animistic path may leave you feeling isolated and needing to make contact with like-minded people. Simple tips to make friends and not get up their noses. **Veronica Beccabunga**