

Sacred Hoop Magazine - Issues 25-28

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ISSUE 25...

IN THE LAND OF SONG AND THE DRUM

The shamans of Tuva dance and sing while they go on their shamanic journeys. They have a rich tradition of spirit working and even have state registered shamans. **Christiana Harle**

SAXOPHONES AND SHAMANS

A journey deep into the Tuvan countryside and encounters with the shamans and the sacred places to be found there. **Ken Hyder**

DANCE OF THE GHOST EAGLE

The animal mounds of Wisconsin are one of the mysteries of Native American heritage. This true story of life, death and regeneration is played out in their shadow. **Annie Spencer**

THE BUFFALO NATION SHALL LIVE

The Buffalo is still sacred to the Native American people, we look at the reasons why.

RAMTOP

A look at the powerful textile art of **Kate Crossley**. Faith Nolton

THREADS OF THE ANCESTORS

Our ancestors were using thread to make bags and containers thousands of years ago. We look at the method they used and show you how you can 'loop' a bag

DANCING WITH THE JAGUARS

The second part of our interview with the Ayahuascero **Don Agustin Rivas Vasquez**. Using Ayahuasca for healing. **Jaya Bear**

WISDOM OF THE TRAILS

Communicating with the Earth by being able to read all her signs. The art of the tracker, reading the way the world moves and who is moving upon it. **Thomas Schorr-Kon**

WELCOME TO WWW.SACREDHOOP

With the internet becoming more important every day, we introduce you to the Sacred Hoop website and show you how you can use it to your advantage

THE DANCE OF THE SUN AND THE MOON

What will you do on the eclipse? We share some ideas.

ISSUE 26...

GENEROSITY OF SPIRIT

To the Apache Healer Ernesto Alvarado, shamans are to be found in all families, and we should be wary of those who seek to con us with false magic and displays of power. **Tim Freke**

THE BLESSINGS OF WHITE SHELL WOMAN

The Apache people hold great skills in the way they initiate their young girls into adulthood. We explore their puberty rites.

CHANGING TO WOMAN

Girls enter womanhood as a part of life, but how can such a change be celebrated and witnessed in our culture.

INSPIRATION AND THE LAND

The ancient ways of this land were once called Druidry. But who were the druids, what is the truth behind the myth and how can we use the spirit of creativity the druids so cherish. **Emma Restal Orr**

HONOURING OF THE ANCESTORS

To the people of the past the family of ancestors were all around us. To us they can be sometimes little more than a concept. How can we honour and work with the spirits of those who have gone before us. **J. Craig Melia**

HEALING THE GOLDEN CHILD

Our creative fire can suffer as we grow up. Schools, parents and friends often erode our creative confidence, making us believe that we are not creative. Challenging this self-limiting belief gives us a way to get in touch with a powerhouse of passion and spirit. **Faith Nolton**

HEALING WITH THE VINE

The last part of our interview with the Ayahuascero **Don Agustin Rivas Vasquez** about using Ayahuasca for healing. **Jaya Bear**

OFFERING THE CORN

Making sacred corn offerings and prayer plumes in the tradition of the Hopi and other Native peoples. **Nicholas Breeze Wood**

ISSUE 27...

THE DREAMS OF THE STANDING NATION

Once, it was said, you could walk across almost all of Britain in the shade of the mighty wild wood. These days are gone, but the ancient lore of the trees remains. **Russell May** and **Dr Marius Perkins**

CEREMONIAL CREATION

Ceremony is something that can be created to suit the needs you have in your life. Here we give some simple guidelines. **Nicholas Breeze Wood**.

TO SWEAT OR NOT TO SWEAT

With ceremonies based on the Native American Sweatlodge becoming more and more popular across the UK, we look at the ethics and safety considerations of this sacred ceremony. **Anna Gahlin** and **Annie Spencer**

FIRST PEOPLES - FIRST CONTACT

Exploring an exciting new exhibition of Native American artifacts at the British Museum in London. **Michèle Brown**

THE ROOTS OF THE WORLD TREE

High in the mountains and deep valleys in the Former Soviet state of Georgia, shamanic and pagan ways have survived despite centuries of Christian culture. **Michael Berman**

QUILLWORK

Before the Native American peoples came in contact with glass beads they did beautiful embroidery with the quills of the porcupine. We explore this fascinating and delicate craftwork.

SHOWING RESPECT

A visit to the Arapaho people of North America. **Sayana Wolf**

CROWS AND MAGPIES

A simple game common to many Native American people is the Stick Game. Learn how to play your own version.

ISSUE 28...

BEAR DREAMERS

Great Father Bear, furry old man of the woods, has a special part in the shamanic understanding of cultures the world over. We look at this sacred keeper of the dream.

BEAR FACED TALES

Two traditional bear stories from the Blackfeet people of North America.

THE WILD HARVEST OF SPRING

The leaves come back to the trees, the flowers come out and life returns to the world after the cold dark days of winter. Our ancestors knew the food available to them and made full use of it and we can do the same.

Thomas Schorr-Kon

THE WHITE AND THE RED

These two colours, the colours of the Maypole, reflect to us a deep sacred knowledge of the nature of all things

CURANDEROS

Healing is very much part of everyday life in Peru. The people of the mountains hold a deep lore of knowledge that has been handed down to them from those who went before. **Peter Cloudsley**

GUINEA-PIGS AND CEREMONY

Our familiar pet animal is held in high regard in Peru. From a symbol of fertility in village festivals where the young girls dance, to an aid in healing, we look at its uses.

SAFE AS HOUSES

The threshold of your house is a sacred place. People the world over have developed their own ways to protect the home and maintain a good boundary. We explore ways you can protect your house and make it a haven of replenishment. **Nicholas Breeze Wood**

PUTTING KNIVES AWAY

If you are going out in the world to harvest spring plants or cut yourself a stick for craftwork, you will need a good sharp knife. Many Native American tribes make beautiful knife sheaths, things of beauty decorated with beads. Learn how to make your own. **Nicholas Breeze Wood**