

# Sacred Hoop Magazine - Issues 21-24

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### ISSUE 21...

#### CHILDREN OF THE FIRE

The Maya are a people who have kept their relationship with the Creator, a relationship in which they use fire to help them communicate. An interview with the Mayan elder, day keeper and wisdom holder Don Alexandro Cirilo Prez Oxlaj. **Ceri Louise Thomas**

#### FIRES OF CHANGE

A simple ceremony for you to do as a stock take of your life. **Faith Nolton**

#### THE MYSTERY OF THE CRYSTAL SKULLS

What is the origin of these strange and beautiful objects, are they ancient creations from a lost people or were they carved in more recent time? Do they hold a key to a new way for humanity to walk upon the earth? **Chris Morton** and **Ceri Louise Thomas**

#### SURVIVAL BRIEFING

The first in a regular feature looking at the work of Survival, a world wide organisation for the support of Tribal people.

#### CREATING COMMUNITY

A meeting with the Ehama Institute, a Californian community, living by the Medicine Wheel teachings. **Annie Spencer**

#### THUNDERBIRDS AND ROCK DREAMERS

The Yuwipi ceremony of the Lakota Sioux is perhaps the most challenging one for western minds. We introduce the ceremony, and tell about some of the strange things that can happen during one. **Nicholas Breeze Wood**

#### DRAWING DOWN THE MOON

Re-empowering women and their sexuality by using creative ritual, the circle and art. We find out about the work of **Katheryn Trenshaw** By Alex Fisher

#### THE MIRROR OF THE SUN AND MOON

The right relationship between men and women as a spiritual tradition. The last part of our continuing series on the traditions of Tantric Tibet. **Ngak'chang Rinpoche**

#### NIGHT WALK

Walking deep in the darkness learning to see with the inner eyes and facing the shadow. **Steven Foster**

#### CONNECTING TO THE MOTHER

A look at the Native American tradition of giving children charms containing their umbilical cord as protection bundles. **Nicholas Breeze Wood**

### ISSUE 22...

#### CHILDREN OF THE WOLF

Mongolia is one of the original homes of shamanism. Here we venture on the first part of a journey into the ancient traditions of Mongolian shamanism. **Sarangerel Odigan**

#### SPIRIT INTRUDERS

There are many forms shamanic healing can take. One of the traditional ways of curing is by shamanically extracting the spirit of the illness. **Karen Kelly**

#### WALKING WITH THE SPIRITS

What are the ethics of shamanism, how do we walk in a sacred manner with the spirits? An interview with **Jonathan Horwitz** by **Karen Kelly**

#### NEW FORMS FOR OLD WAYS

With the range of drumming tapes and CD's for shamanic journeys ever increasing, we look at the ways that shamanism is changing to suit a more technological culture. **Faith Nolton**

#### JOURNEY TO SIBERIA

A glimpse of a very special exhibition of beautiful Siberian shamanic objects in the Häme Museum, Finland.

#### SHAMANISM IN CONTEMPORARY SOCIETY

A personal account of a recent conference on shamanism held in Newcastle University. **Michèle Brown**

#### BACK FROM THE VOID

A look at the effects of Soul-loss, by one of the worlds leading authorities on the subject. **Sandra Ingerman**

#### SHAMANIC CORE PROCESS

Merging the ancient art of the shaman with the modern art of the psychotherapist. **Howard G. Charing**

### ISSUE 23...

#### THE LODGE OF THE RED CEDAR

A journey to the waters, forests and mountains of Western Canada and also into the other worlds of story ; with Native American master story teller and healer Johnny Moses. **Annie Spencer**

#### ART OF THE LONGHOUSE

Famed for their totem poles, the Native peoples who live on North America's Pacific coast are skilled wood carvers and have a wonderful tradition of sacred craft work.

#### WALKING WITH THE STAR NATIONS

The Lakota have an deep understanding of the relationship between the Stars in the sky, the People, the Land and the ceremonial cycle of the year. A chance to read never before available Star Nation teachings from the Lakota nation.

#### GULE WA M'KULU

Into the African summer, dancing, drumming and the telling of the story of the people with the masked dancers of Malawi. **Gordon MacLellan**

#### LIVING IN A GLASS HOUSE

How does spirit and matter meet in a world where people need to eat and be clothed. An interview with controversial Lakota ceremonial leader **David Swallow**. Brooke Schiavi

#### MAKING THE DRUM COME ALIVE

The role and training of the shaman. The second part of our journey into the mystery of traditional Mongolian Shamanism. **Sarangerel Odigan**

#### DANCING WITH THE HORSE NATION

Many cultures across the world including our own hold the horse in a sacred manner. We look at Horse fetishes from around the world and learn how to make one based on a traditional Native American design. **Nicholas Breeze Wood**

#### COIL BASKET MAKING

Many peoples the world over create beautiful baskets. They are surprisingly simple to make and can be a creative way of making a container for your sacred items. **Faith Nolton**

### ISSUE 24...

#### DANCING WITH THE JAGUARS

In the traditions of South America, there are many that work with sacred plants such as ayahuasca. Some are very respectful and traditional, some will take the unknowing for a psychotropic ride. Sadly, few are as respected as **Don Agustin Rivas Vasquez**. Jaya Bear

#### HENGE OF THE SEA

A visit to the recently exposed ancient monument some know as 'Woodhenge' discovered off the British Norfolk Coast. **Michèle Brown**

#### SACRED SMOKE

Using herbs for incense is a tradition that stretches back many tens of thousands of years. Different herbs have different properties: some are for protections, some for blessings, some for cleansing. Here we look at these and also how to harvest and use herbs. **Annette Høst**

#### BEING AT HOME IN THE WORLD

When we learn to understand how to survive and live on the land, the land ceases to be a threat to us and we live not just on the land, but in relation with it. **Thomas Schorr-Kon**

#### HOUSES OF THE SPIRIT: HEALERS OF THE SOUL

Understanding the soul helps us understand healing and our place in the Universe. The last part of our journey into Mongolian shamanism. **Sarangerel Odigan**

#### PEOPLE OF THE EAGLES CIRCLE

The interest in Native American traditions by people in Bulgaria. **Lyubomir Kyumurdjiev**

#### SPIRITS IN THE LAND

Travellers tales from Siberia, the land of Shamans. **Evgueni Faidych**

#### MAKE A HERB BAG

We show how you can make a bag to keep your precious smudging herbs. Based on a Native American tobacco seed bag of the 1880's. **Nicholas Breeze Wood**