

A SHAMANISTIC AND ANIMISTIC BOOK LIST

This is not a definitive list, but it is hopefully a useful list of books which contain accurate information about different traditions and types of shamanism and animism.

Certain authors have not been included, as despite being popular, and considered authentic by some people, their books not accurate or are works of fiction.

These include authors such as Carlos Castaneda, Lyn Andrews, Alberto Villoldo, Simon Buxton and Terrence McKennas.

This booklist is only compiled from books written in English, some of the books are already available in other languages and there are no doubt excellent books in other languages also available

CORE AND CROSS CULTURAL SHAMANISM

Sandra Ingerman

- *Soul Retrieval: Mending the Fragmented Self*
- *Shamanic Journeying: A Beginner's Guide*
- *Medicine for the Earth*
- *Welcome Home*

Michael Harner

- *The Way of a Shaman*
- *Cave and Cosmos*

Caitlin Matthews

- *Singing the Soul Back Home*

Christina Pratt

- *An Encyclopedia of Shamanism*

John Perkins

- *Shape Shifting*

Nan Moss and David Corbin

- *Weather Shamanism*

Evelyn Rysdyk

- *Spirit Walking: A Course in Shamanic Power*

Daniel Foor

- *Ancestral Medicine*

Jez Hughes

- *The Heart of Life*

SHAMANISM & ANIMISM - GENERAL

Piers Vitebsky

- *The Shaman*

Mircea Eliade

- *Shamanism: Archaic Techniques of Ecstasy*

Jeremy Narby

- *Shamans through Time*

Joseph Campbell

- *The Way of the Animal Powers*

Graham Harvey

- *Shamanism a Reader*

C Michael Smith

- *Jung and Shamanism in Dialogue*

Andrei Znamekski

- *The Beauty of the Primitives*
- *Shamanism: Critical Concepts in Sociology*

Joan Halifax

- *Shaman: The Wounded Healer*

Holger Kalweit

- *Dreamtime and Inner Space*
- *Shamans, Healers, and Medicine Men*

HIMALAYAN SHAMANISM

Bhola Nath Banstola and Evelyn C. Rysdyk

- *The Nepalese Shamanic Path*

Christian Ratsch and Claudia Muller-Ebeling

- *Shamanism and Tantra in the Himalayas*

Larry Peters

- *Tibetan Shamanism: Ecstasy and Healing*

O C Handa

- *Naga Cults and Traditions in the Western Himalaya*

Angela Sumegi

- *Dreamworlds of Shamanism and Tibetan Buddhism*

MONGOLIAN & SIBERIAN SHAMANISM

Sarangerel Odigon

- *Riding windhorses*
- *Chosen by the spirits*

Jan Van Ysslestyne

- *Spirits from the Edge of the World: Classical Shamanism in Ulchi Society*

Virlana Tkacz, Sayan Zhambalov and Wanda Phipps

- *Shanar: Dedication Ritual of a Buryat Shaman in Siberia*

Manduhai Buyandelger

- *Tragic Spirits: Gender, politics, and society in shamanism*

Caroline Humphrey and Urgunge Onon
• *Shamans and Elders*

Kevin Turner
• *Sky Shamans*

Marjorie Mandelstam Balze
• *Shamanic Worlds*

Olga Kharitidi
• *Entering the Circle*

Dmitry Ermakov
• *Bo and Bon*

Kira Van Deusen
• *Singing Story - Healing Drum*

Purev Otgony and Purvee Gurbadaryn
• *Mongolian Shamanism*

Alexei Konovalov
• *Between Worlds; Shamanism of the peoples of Siberia*

Valenyina Gorbacheva and Marian Federova
• *Art of Siberia*

William W. Fitzhugh and Aron Crowell
• *Crossroads of Continents: Cultures of Siberia and Alaska*

Patricia Rieff Anawalt
• *Shamanic Regalia in the Far North: shamanic practices in Northeast Siberia, Alaska and British Columbia*

NATIVE NORTH AMERICAN TRADITIONS

Albert White Hat Sr.
• *Life's Journey – Zuya: Oral Teachings from Rosebud*

John Fire Lame Deer and Richard Erdoes
• *Lame Deer, Seeker of Visions*

Archie Fire Lame Deer and Richard Erdoes
• *Gift of Power*

Thomas E Mails
• *Fools Crow*
• *Fools Crow, Wisdom and Power*
• *Mystic Warriors of the Plains*
Suzanne Dupree
• *Fools Crow, Knowledge and Truth*

Ed McGaa Eagle Man
• *Mother Earth Spirituality*

Tilda Long Soldier
• *Walking in a Sacred Manner: Healers, Dreamers, and Medicine Women of the Plains Indians*

Wallace Black Elk and William S. Lyon
• *Black Elk: The Sacred Ways of a Lakota*

William K. Powers
• *Yuwipi: Vision and Experience in Oglala Ritual*
• *Oglala Religion*

Bear Heart and Molly Larkin
• *The Wind is My Mother*

Clyde Kluckhohn
• *Navaho Witchcraft*

Evelyn Eaton
• *Snowy Earth Comes Gliding*
• *I send a Voice*
• *The Shaman and the Medicine Wheel*

Joseph Epes Brown
• *Animals of the Soul: Sacred Animals of the Oglala Sioux*

CELTIC, ANGLO SAXON, SAMI AND NORSE TRADITIONS

Maria Kvilhaug
• *Seed of Yggdrasil*

Philip Carr-Gomm
• *Druid Mysteries: Ancient Wisdom for the 21st Century*

Tom Cowan
• *Fire in the head*

Evelyn Rysdyk
• *The Norse Shaman*

Corinne G. Dempsey
• *Bridges between Worlds: Spirits and Spirit Work in Northern Iceland*

Peter Berresford Ellis
• *The Druids*

Brian Bates
• *The Real Middle-Earth: Magic and Mystery in the Dark Ages*
• *The Wisdom Of The Wyrd: Teachings For Today From Our Ancient Past*

Brian Wright
• *Bridgid; Goddess, Druidess and Saint*

David Clarke and Andy Roberts
• *Twilight of the Celtic Gods*

Thor Ewing
• *Gods and Worshipers in the Viking and Germanic World*

John O'Donohue:
• *Anam Cara: Spiritual Wisdom from the Celtic World*

Ailo Gaup
• *The Shamanic Zone*

WOMEN'S TRADITIONS

Barbara Tedlock
• *The Woman in the Shaman's Body*

Michele Jamal
• *Shape Shifters: Shaman Women in Contemporary Society*

Clarissa Pinkola Estes
• *Women Who Run With The Wolves*

AFRICAN TRADITIONS

Malidoma Patrice Some
• *Of Water and the Spirit*

John Lockley
• *Leopard Warrior*

CENTRAL AND SOUTHERN AMERICAN TRADITIONS

Hillary S. Webb
• *Yanantin and Masintin in the Andean World*

Marisol De La Cadena
• *Indigenous Mestizos*

Joan Parisi Wilcox
• *Masters of the Living Energy: The Mystical World of the Q'ero of Peru*

Bruce Lamb and Manuel Cordova-Rios
• *Wizard of the Upper Amazon*

F. Bruce Lamb
• *Rio Tigre and Beyond*

Stephan Beyer
• *Singing To The Plants*

Tom Pinkson
• *The Flowers of the Wirrikuta*

Joseph Tafur MD and Gabor Maté MD
• *The Fellowship Of The River*

Jeremy Narby
• *The Cosmic Serpent*

Rachel Harris
• *Listening to Ayahuasca*

Ross Heaven
• *The Hummingbirds Journey to God*
• *Cactus of Mystery*
• *Drinking the Four Winds*

Don Jose Campos
• *The Shaman and Ayahuasca*

Travis Bodick
• *How The Earth Saved My Soul*

Jonathon Miller Weisberger
• *Rainforest Medicine: Preserving Indigenous Science and Biodiversity in the Upper Amazon*

E. Jean Matteson Langdon and Gerhard Baer
• *Portals of Power: Shamanism in South America*

SHAMANISM AND ART AND CRAFT

Faith Nolton
• *Gardens of the Soul: Making Sacred and Shamanic Art*

Meinrad Craighead
• *Crow Mother and the Dog God, a Retrospective*

Gabriel Tamaya
• *Luminous Cartography*

Howard G. Charing and Peter Cloudsley
• *The Ayahuasca Visions of Pablo Amaringo*

Luis Eduardo Luna and Pablo Amaringo
• *Ayahuasca Visions: The Religious Iconography of a Peruvian Shaman*

Nicholas Breeze Wood
• *Voice from the Earth (a book about sacred craft work, including beadwork and drum and rattle making)*

JOURNALS AND MAGAZINES

Sacred Hoop Magazine
• www.sacredhoop.org

Indie Shaman
• www.indieshaman.co.uk

Shaman's Drum Magazine
• *Now no longer published, look out for used copies.*